

FEB
2021

Jessie Duncan
Elementary School

Newsletter

CALENDAR

Feb 2: Lunch Orders Due 10am

Feb 5: No School

Feb 10: Hot Lunch Day

Feb 15-19: Winter Break
(Teachers Convention)

Feb 23: Booster Juice Day

Feb 24: Pink Shirt Day!

Mar 2: Lunch Orders Due 10am

Mar 16: Hot Lunch Day



For student safety reasons,
morning drop off time is no
earlier than 8:25am. Supervi-
sion is provided at that time.

A proud part of Chinook's Edge School Division #73

www.jessieduncan.ca

Principal: Mr. Kory Sholdice

Vice-Principal: Mrs. Susan Dillabough

105 Newton Drive, PO Box 29, Penhold AB T0M 1R0

Phone: 403-886-2233 * Fax: 403-886-2589

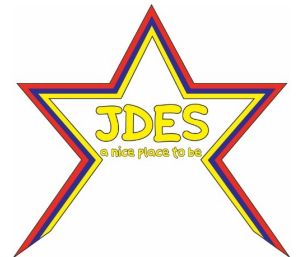
Principal's Message

We are halfway through our school year and our staff, students, and community continue to do an amazing job under unique circumstances. Despite new challenges, as a school we have made every effort to remain true to our beliefs and values around learning and the development of children. Below are the mission and values that we believe create the amazing learning at Jessie Duncan Elementary School.

Mission: To be an educational environment where students focus on learning as a life-long endeavor, where innovative teaching practices are developed and student achievements are valued and honored.

We believe that it is our job to:

- Engage all learners,
- Meet unique/individual needs of students
- Provide a safe learning environment
- Build the foundation for literacy and numeracy
- Provide developmentally appropriate experiences
- Nurture a sense of community and belonging



School Motto: *A Nice Place to Be*

Our motto guides how students and staff conduct themselves each day. We recognize students at our monthly assembly for exemplifying our motto through their work ethic, resilience, and citizenship.

BUSING - INFORMATION ON YELLOW DAYS

What happens when there is a inclement weather Yellow day, and no busses are running?

This means, that due to the cold weather conditions and *Chinook's Edge School Division* bus safety guidelines, our division is unable to provide transportation to school on a Yellow Day.

Yes, school is open and classes are as scheduled.

No, we can not assume all bus students are excused for the day.

Yes, we do need a phone call to excuse your child from class due to weather if you do not drive them in. We can not assume the whereabouts of each student, as many students do come to school another way despite the buses not running. Regular attendance procedure is done on these days. **Thank you for keeping our students safe!**

RED DAYS—What happens on a Red Day at school? **Red Days school is Cancelled.** If you did not receive the message about the **Red Day** and have sent your child to school, please be assured a school staff member will be here in the morning to let them in and call you to pick them up.

Important Notice



Superintendent Message



CHINOOK'S EDGE
SCHOOL DIVISION No. 73

Sharing our values each day

A Message from the Superintendent

Ensuring that our students are engaged in meaningful learning and encouraged to rise to new challenges is part of our mission in Chinook's Edge. This year, more than most others, our teachers and school staff have relied upon the core values that inform our work together, guide our relationships, and impact the potential of each student. We have all needed to shift our learning in several ways during this pandemic. We are able to rise to these challenges and accomplish great things together, because we share a firm foundation of values that help create a positive school culture.

Our Mission and Vision statements are a daily reminder of our most important values, which guide our work despite any challenges the pandemic may be creating. We recognize the uniqueness of every child in our care and, through our focus on relationships and on the values that shape strong character, we encourage each one to achieve excellence.

Kurt Sacher
Superintendent of Schools

For Trustee updates and to read the latest Board eNews, please visit our [website](#).

Mission:

Chinook's Edge School Division will engage every student in meaningful learning by challenging, encouraging and believing in them.

Vision:

Chinook's Edge School Division will be universally recognized as a collaborative learning community where learning is personalized for all students to achieve success as compassionate and innovative global citizens.

Power Award Winners—January 2021

Each month, students who are helping to make Jessie Duncan School a “nice place to be” will be recognized by their teachers and presented with a POWER Award certificate.

PreK: Quinn, Oliver

KC: Raya, Toshi, Serenity, Zylar, Kooper, Bryden

KM M/W: Deacon, Kaydence, Theo

KM T/TH: Jake, Piper, Ayla

1D: Kail, Everly

1-2W: Brooklyn, Dysen, Kinley

1M: Mack, Ethan, Kohenn

1P: Max, Sawyer

2B: Liam, Norah, Connor

2D: Kierra, Brooklynn, Addison

2N: Lily, Jordyn

3S: Macy, Bella, Gibson

3R: Jayden, Aaric, Rylee

3V: Betty, Mikey, Jacob

Certificate

Positive

Outlook

Wins

Everyday

Rewards



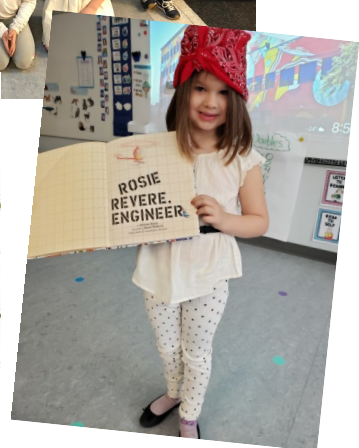
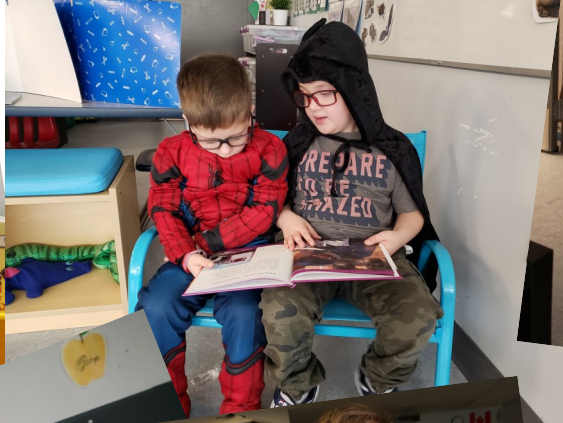
Dental Outreach of Red Deer (DOoR)

Free urgent dental treatment for children 5-18 years of age having difficulty accessing dental care. Services are provided at the Red Deer Johnstone Crossing Community Health Centre

For more information, please call 403-356-6302 and ask for the DOoR program.

LITERACY DAY

Dress Up Day!
January 28, 2021



Talking to Kids About Online Challenges

Talking to kids about their online life and social media usage is not always easy. We offer these 8 tips to help understand online challenges, and the lure of them for both children and teens.

1. Child development and the human brain development is a complicated topic. As parents it seems we just get our child kind of figured out and they change. Things that a few short months ago were so important to them suddenly become "babyish" and we are back to the drawing board to adjust parenting techniques!! It's a never-ending process.

Children, as we all know, have brains that are still growing, developing and learning, and it's important that we talk to them about online challenges when they appear in the media. (The Tide Pod Challenge presents a good opportunity to talk to little ones about how silly that challenge is, and gives a chance to start the conversation.)

Teens enter into a new phase of brain development that Psychologists have termed "The Personal Fable", (it's very interesting. We do recommend googling it as it will apply to many situations, not just online challenges). The bottom line is that they are in a stage of development where they are **more willing than the average human to take risks**, and this can come into play with online challenges.
2. **Acknowledge** with your child that some challenges can be very tempting. The cinnamon challenge a few years back seemed harmless, but it actually came with some pretty significant health risks depending on the person.
3. You can **research online challenges**. You are not invading your child's privacy by googling the term "online challenges" and knowing what is out there. Some challenges, like the "mannequin challenge" are harmless and just good fun. Others like the ice bucket challenge (2014) are positive. That particular "challenge" raised a lot of money for ALS research. Others like the Tide Pod Challenge sound silly to some ears, but can actually be deadly.
4. Bring up the topic of online challenges and **think it through together**. Talk about the risks involved in some of the challenges. Discuss WHY someone would do the challenge. Encourage your child to think critically about some of the challenges that have occurred previously and then discuss the actual results with them. You might have to do #3 on our list so that you can talk about how they actually turned out. The cinnamon challenge is a good one to use, as it sounds so harmless when it is first presented to a child's ears.
5. **Recognize peer pressure**. Show them that you understand that their peers play a role in their lives, and acknowledge that sometimes it's hard to not do something that it seems like "everyone else is doing". Further, talk about peers from online. In a globally networked world, your child will likely have friends online - perhaps from a game like Fortnite, Roblox or Minecraft, or from streaming services like Twitch or YouTube. In the life of your child, those are peers too. Talk about them all. Talk about the pressure. Talk about how to respond to the pressures they may be facing already.
6. Try not to shock them. As a parent, it can feel really frightening to analyze all the "what-ifs" of online life. Showing a child graphic images, or taking measures to scare them doesn't actually help the situation. Continue to keep yourself informed about online challenges so that you can continue to talk over time with your child. It doesn't have to be a one-time-only conversation. Keep the conversation going.
7. **Be reassuring**. Make sure your child knows that they can always talk to you. In order to have communication, both parties need to feel safe. Tell your child that if they are worried about a friend doing a challenge, they can come to you and you will help them sort through the risks and the rewards of doing the challenge.
8. **Set a household rule**. After you've listened, and you've talked and you've listened some more, set a household rule regarding online challenges. Give your child the opportunity to make the rule. The more input they have, the more likely they are to follow the rule. A positive rule could be that no online challenge can be done without having a conversation first that discusses the benefits of doing the challenges as well as the risks. Two heads thinking about a challenge are always better than one!